

SANDY HOEKSTRA

PRODUCTION EXPERIENCE (selected)

Project Type Title	Production Co. or Director	Project Role Year
DOCUMENTARY		
Roslyn Frantz: Live	Irisphere Entmt	Director Camera Editor 2025
tmix*: A Holistic Commitment to Our Forests	IRN & Two Canoes Media	Production Coordinator 2nd AC 2025
Our Own Spirits Regained	Alberta Rec & Parks Association	Director Producer Camera Editor 2023
The Measure of a Moment	Rachelle Hughes	Actor Producer Camera 2023
Kinshira	Riley Eberts	Camera 2023
She Who Dances with Fire	Cassie Hoffman	Camera 2023
Jeremy Abbott	Sandy Hoekstra	Director Producer DOP Editor 2022
A Day in the Life of MJ	Sandy Hoekstra	Director Producer Camera Editor 2022
Elder and Youth Capacity Culture Camp	Alberta Rec & Parks Association	Director Producer 2019
Springbank Flight	Sandy Hoekstra	Director Producer Camera Editor 2011
Father's Day	Sandy Hoekstra	Director Producer Camera Editor 2008
A Day in the Life of Tia	Sandy Hoekstra	Director Producer Camera Editor 2005
NARRATIVE		
Knight Terror	Resilient Entmt	Actor 2026
Got Milf? Comedy Special (16 sketches)	Amuse Entmt	Director Actor Associate Producer Editor 2025
The Good, The Bad and The Peachy	Riley Eberts	Camera 2025
Pining	Mistee Maier	Actor 2025
Queen of the Mountain	Emily Sullivan	Producer 2024
Our Holiday Story	Hallmark Media	Actor 2024
Dead Air	Justin Boechler	BTS Camera 2024
Grandma, Where Are You?	Irisphere Entmt	Gaffer 2024
Shades	Nick Naylor	Instructor TA (CAT) 2024
Dry Clean Only	Sani Supinen	Instructor TA (CAT) 2024
Facing Fears	Colten Vornbrock	Instructor TA (CAT) 2024
Critics Give It	WMGS Prods	Director Actor Writer Producer Editor 2024
Rumour of a Rat	AV Media	Actor Producer 2023
False Awakening	Irisphere Entmt	Producer Camera 2023
The Audition	EMC Studios	Director Writer Instructor 2023
Mediamorphosis	Irisphere Entmt	Actor Camera 2023

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Three Tales of Sketch	Sandy Hoekstra	Director Actor Writer Producer Editor 2023
By My Side	Rachelle Hughes	Producer 2023
Cornered	Ryan Wishart	Producer 2023
In Circles	Justin Boechler	Producer 2023
One Last Job	Ben Armstrong	Producer 2023
Shit Happens	Brooke Malesan	Actor Camera 2023
First Day	Brammon Edwards	Producer 2023
A Tale of Two Men	Riley Eberts	Producer 2023
The End	Brammon Edwards	Producer 2023
Old Boomer	Brammon Edwards	Camera 2023
Hot Box	Sandy Hoekstra & Rachelle Hughes	Director Producer 2022
The Bracelet	Nadja Penaluna	Actor 2022
Ambiguite & Motifs	Brooke Malesan	Writer Camera 2022
Fantasmagorie	Georgia Hill	Camera 2022
The Gift	Sandy Hoekstra	Director Producer 2022
Written in the Stars	Ryan Wishart	Actor 2022
Red	Bathtubwine Prods	Director Camera Editor 2021
Curious	Sandy Hoekstra	Director Camera Editor 2021
Presage	Sandy Hoekstra	Director Actor Writer Producer Editor 2020
Petal	MiSu SaSa	Director Writer Producer Camera 2020
Hipster Glasses of Doom	Sandy Hoekstra	Director Writer Producer Camera Editor 2012
Ice Climber's Waltz	James Reckseidler	Production Assistant 2007
Plan B	Hard Drive Prods	Producer 1st AD Camera 2007
Fido	Andrew Currie	Production Assistant 2006
Which Genre?	Sandy Hoekstra	Director Writer Producer Editor 2005
From the Bottom of the Bottle	Paul Sarchuk	Director of Photography 2005
Reflections	Paul Sarchuk	1st AD Director of Photography 2005
Shutter D	Jayden Vandemark	Actor 1st AD Camera 2005
End Result Date	Sandy Hoekstra	Director Actor Writer Producer Editor 2005
Trail of the Dead	Adam Lauze	1st AD Actor Makeup 2005
Hills	Tyler Witzel	1st AD 2005
Summer Time Blues	Tim Szakacs	1st AD Sound Mixer 2005

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COMMERCIAL

Closer To Home Than You Think	State of Mind Films Inc.	Actor 2023
Oasis Wellness Centre & Spa	Nomad Visual Prods	Actor 2019
Here Comes the Buzz	Sandy Hoekstra	Director Actor Writer Producer Editor 2012
Columbia Valley Rockies Hockey	Sandy Hoekstra	Director Camera Editor 2009
Choose Wisely	Hard Drive Prods	Camera Producer 2007

MUSIC VIDEOS

Black Cloud - Sundiver	Jared Bobryk	Camera 2026
Life Lessons - Gold Mynd	Irisphere Entmt	Camera 2024
Everything Is Gonna Be Alright - Gold Mynd	Irisphere Entmt	Camera 2023
I Wanna B an Industry Plant/Germs Burn - Sundiver	Irisphere Entmt	Camera 2023
Break Free - Sad Tom and the Noodles	Rachelle Hughes	Producer 2022
Green TaRA - Tara Nicole Donald	James Hamilton	Camera 2005

YOUTUBE SERIES

Got milf? (16 sketches)	Amuse Entmt	Director Actor Camera Editor 2023-2024
Sketchy Beavers (8 sketches)	Bathtubwine Prods	Director Producer Camera Editor 2020-2022
Sandy & Susan Do Stupid Shit (5 sketches)	Bathtubwine Prods	Director Actor Writer Producer Editor 2021-2022

VIDEO PODCAST

Completely Off Topic (Season 1 & 2)	Amuse Entmt	Camera (S1&2) Editor (S1) 2024-2025
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WEDDINGS

Crystal & Rob	Deep Prods	Director Camera Editor 2009
Chelsea & Mark	Deep Prods	Director Camera Editor 2008
Yvonne & Idara	Deep Prods	Director Camera Editor 2008
Lindsay & Ryan	Deep Prods	Director Camera Editor 2006

NOTEABLE PROJECTS

- Got Milf? Sketch Comedy Special** – TV Special – Director | Actor | Assoc. Producer | Editor | **2025**
A female-driven comedy consisting of 18 sketches that messes with the definition of "sexy."
- **Distribution** through **Incendo** as a 1-hour tv comedy special, released on **Roku TV**
 - ***Cheap and Easy*** (2024) and ***Death by Vitamin C*** (2025) both officially selected & screened at **Toronto Sketchfest**

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Roslyn Frantz: Live – Documentary – Director | Editor | Camera | **2025**

Celebrating world-renowned pianist Roslyn Frantz's lifetime of achievements and courage to return to the stage to perform at 92 years of age.

- **Awarded Best Editing, Best Audio and Second Place** - Okanagan Screen Awards 2025
- **Awarded Best First Time Feature Director** - New York International Film Awards 2025
- **Awarded Best Feature** - London Women Film Festival 2025
- **Funded** by **Telus Storyhive's** Anniversary Documentary Edition 2023
- **Distribution** through TELUS platforms, including **Optik TV** in 2025

Our Own Spirits Regained – Short Documentary – Director | Producer | Camera | Editor | **2023**

Indigenous Elders from all over Canada focus on cultural healing by coming together in ceremony and connecting to the land.

- **Awarded Best Story and Second Place** - Okanagan Screen Awards 2024
- **Nominated for Best Canadian Documentary** – Short Form - Regina International Film Festival and Awards 2023
- **Featured** at the **World Leisure Congress** in **Dunedin, New Zealand**
- **Featured** at the **ARPA Conference & Energize Workshop** in **Lake Louise** 2023
- **Featured** at **Miskanawah's 19th Annual Friendship Round Dance** at **Canada Olympic Park, Calgary** 2025

Three Tales of Sketch – Short Narrative – Director, Actor, Writer, Producer | **2023**

Three comedic sketches: A surprise engagement goes wrong. Two coffee shop heroes discuss society's fate in the hands of the next generation. Penelope trains to perform the best park job ever witnessed.

- **Finalist** - Portland Comedy Film Festival 2023
- **Nominee** - LA Independent Woman Film Awards festival 2023
- **Official Selection** - Okanagan Screen Awards 2024
- **Official Selection** (Tale 1: wait...WHAT?) - Firecracker Film Festival (GEMFest) 2026

EDUCATION

BACHELOR OF CREATIVE ARTS DEGREE

Yorkville University (YU)

Graduation with Distinction, December 2025

SKETCH 101 (Writing) COURSE

Upright Citizens Brigade (UCB), August 2024

DIPLOMA in PROFESSIONAL FILMMAKING

College for Arts and Technology (CAT)

Graduation with Distinction in Producing, March 2023

CERTIFICATE/ACTING MASTERCLASS PROGRAM

Company of Rogues Actors Studio

Graduation September 2019

DIPLOMA in BUSINESS ADMIN: MARKETING MAJOR

Southern Alberta Institute of Technology (SAIT)

Graduation with Honours, April 2010

ACHIEVEMENTS (selected)

2026 **Inclusive Workplaces for Film and Television Certificate** (Creative BC)

2026 **GEMfest Film Evaluator**

2025 **OSA Best Audio, Best Editing, 2nd Place Award**,
Roslyn Frantz: Live (RFL)

2025 **New York International Film Awards, Best 1st Time Director Feature Winner**, RFL

2025 **London Women Film Festival, Best Feature**, RFL

2024 **Banff Centre Adventure Filmmakers Workshop**

2024 **OSA Best Story Award & 2nd Place Award**,
Our Own Spirits Regained

2024 **Spotlight Film Awards Winner**, By My Side

2024-Current **UBCP/ACTRA Member**

2023 **Motion Picture Industry Orientation Certificate**
(ActSafe Safety Association)

2023 **OSIF Horrorfest XIV Best Special FX**, False
Awakening

2023 **Short Films Matter 5 Star Review**, In Circles

2023 **College for Arts and Technology Valedictorian**

2022 **William F. White Cinematography Scholarship**

2022 **OSIF Horrorfest XIII Best Makeup**, Presage

2021 **OSIF Deja View, People's Choice Award**, The Gift

2020 **Okotoks 24hr Challenge, Best Use of Genre**, Petal